

**PDST**Professional Development  
Service for TeachersAn tSeirbhís um Fhorbairt  
Ghairmiúil do Mhúinteoirí

# Physical Education Primary Workshops

## COOPERATIVE CHALLENGES & ORIENTEERING *in the Outdoor and Adventure Strand*



This workshop will explore cooperative challenges and orienteering in the PE curriculum. These activities which are mainly non-competitive, offer alternative avenues for pupil achievement and encouragement to adopt a healthy lifestyle based on an enjoyment and appreciation of the outdoors. Activities explored at the workshop will include Maths Trails, language based tasks, scavenger hunts, cooperative games, and activities for the O&A strand that can support the development of Physical Literacy using the PDST Move Well, Move Often Resource. The activities require minimal equipment and resources and are perfect for PE provision this term and can also be done indoors if necessary!

**This will be a fun, interactive, exciting workshop so  
please dress appropriately for activity.**

COUNTY	Date	Venue	Time
WATERFORD	14/5/18	Waterford Teachers' Centre, Co. Waterford	4:00 - 6:00pm
ATHLONE	15/05/18	Lusmagh NS, Banagher, Co. Offaly	3.30 - 5.30pm
LAOIS	16/05/18	Presentation Primary School, Portarlinton, Co. Laois	3.30 - 5.30pm
DRUMCONDRA	16/5/18	Marino Institute of Education, Dublin 9	3.45-5.45pm
LIMERICK	17/05/18	Limerick ETNS, Mungret, Co. Limerick,	3:30-5:30pm
DONEGAL	21/5/2018	St. Aengus NS, Bridgend, Co. Donegal	3:30-5:30pm
MONAGHAN	21/05/18	Scoil Muire Muineachan, St. Mary's Hill, Mullaghmonaghan, County Monaghan	3:30-5:30pm
LIMERICK	22/5/18	Banogue N.S. Co. Limerick	3:30-5:30pm
KERRY	23/5/18	Duagh N.S., Listowel, Co. Kerry	3:30 - 5:30pm
CLARE	23/05/18	Ennis NS, Ashline, Kilrush Rd, Ennis, Co. Clare	3:45-5:45pm
KILDARE	28/05/18	St. Anne's NS, Ardclough, Co. Kildare	3.30-5.30pm
CAVAN	28/05/18	Knocktemple National School, Co. Cavan	3:30-5:30pm
LEITRIM	28/05/18	St. Clare's P.S. Manorhamilton, Co. Leitrim	3:30-5:30pm

Register to attend one of these workshops at [www.pdst.ie/onlinebooking](http://www.pdst.ie/onlinebooking)