



Mindful Wellbeing Education

The following **Saturday** seminar will be held on **23rd September** in Drumcondra Education Centre:

'Practical Guidance in the Effective Implementation of the 100 hour SPHE Short Course for Junior Cycle SPHE Teachers'.

The seminar will begin at **9.30am** and finish at **4.00pm**.

Ideally participants will have some experience of teaching SPHE and will have completed some SPHE training.

Due to the very high level of interest in this training and the limited number of places available, payment must be received from those wishing to secure a place.

The cost of this seminar is 70 euro.

If you wish to proceed with a booking, payment details will be forwarded to you.

Please contact Niamh Digan at info@mindfulwellbeing.ie