

Primary Physical Education / Physical Activity workshop



'Get Active in the Classroom' is designed to help teachers develop ideas for active breaks throughout the school day especially in bad weather and restricted space, the resource consists of games and activities that children can

do at their desks or with a small rearranging of furniture and no equipment necessary – a great way to give children a 'brain break' and re-focus them on class work. Suitable for all class levels.



HealthPromotingSchools
Scoileanna Cothaithe Sláinte

DATE	EDUCATION CENTRE	TIME
05/04/17	Athlone Education Centre	3.30 - 5.30pm
06/04/17	Blackrock Education Centre	3.30 - 5.30pm
05/04/17	Carrick-on-Shannon Education Centre	3.30 - 5.30pm
05/04/17	Clare Education Centre	4.00 - 6.00pm
26/04/17	Vienna Woods Hotel, Glanmire	4.30 - 6.30pm
04/04/17	Mount Errigal Hotel, Letterkenny	3.30 - 5.30pm
27/04/17	Drumcondra Education Centre	3.30 - 5.30pm
03/04/17	Dublin West Education Centre	3.30 - 5.30pm
05/04/17	Maldron Hotel, Sandy Road, Galway	3.30 - 5.30pm
24/04/17	Kildare Education Centre	3.30 - 5.30pm
26/04/17	Kilkenny Education Centre	3.30 - 5.30pm
27/04/17	Laois Education Centre	3.30 - 5.30pm
04/04/17	Limerick Education Centre	3.30 - 5.30pm
04/04/17	Mayo Education Centre	3.30 - 5.30pm
27/04/17	Monaghan Education Centre	4.00 - 6.00pm
26/04/17	Navan Education Centre	3.30 - 5.30pm
03/04/17	Sligo Education Centre	3.30 - 5.30pm
05/04/17	Tralee Education Centre	4.30 - 6.30pm
27/04/17	Waterford Teachers' Centre	3.30 - 5.30pm
25/04/17	West Cork Education Centre	3.30 - 5.30pm
26/04/17	Wexford Education Centre	3.30 - 5.30pm

Register to attend one of these workshops at www.pdst.ie/onlinebooking