

Teaching Fundamental Movement Skills in Physical Education *Running in Athletics*

This 2 hour workshop will explore the concept of Physical Literacy using the new **Move Well, Move Often** resource for primary schools by focusing on how teachers can teach Fundamental Movement Skills in a PE strand, namely **Running in Athletics**. The session will include an overview of the Athletics Strand, Physical Literacy and Fundamental Movement Skills. Participants will be guided through a range of exciting games and activities that develop children's running skills and will receive a resource booklet outlining the activities undertaken, planning tools for teaching FMS in PE and advice for teaching athletics in school.

This is an active workshop, so please dress accordingly.

Date	Venue	Time
10/10/2017	Banogue N.S., Banogue, Co. Limerick	3.30 - 5.30 p.m.
11/10/2017	Bunscoil Rinn an Chabhlaigh, Rushbrooke, Cobh, Co. Cork	3.30 - 5.30 p.m.
11/10/2017	St. Fiacc's N.S., Graiguecullen, Co. Carlow	3.45 - 5.45 p.m.
12/10/2017	Limerick ETNS, Mungret, Limerick	3.30 - 5.30 p.m.
12/10/2017	Wexford Education Centre	3.30 - 5.30 p.m.
16/10/2017	Scoil Mhuire gan Smál, Claremorris, Co. Mayo	3.30 - 5.30 p.m.
17/10/2017	Scoil Cholmcille Senior N.S., Ballybrack, Co. Dublin	3.30 - 5.30 p.m.
17/10/2017	St. Mary's N.S., Stranorlar, Co. Donegal	3.30 - 5.30 p.m.
17/10/2017	Knocktemple N.S. Virginia, Co. Cavan	3.30 - 5.30 p.m.
18/10/2017	St. Patrick's N.S., Drumshanbo, Co. Leitrim	3.30 - 5.30 p.m.
18/10/2017	Presentation Primary School, Portarlinton, Co. Laois	3.30 - 5.30 p.m.
19/10/2017	Scoil Ghrainne CNS, Phibblestown, Clonee, Dublin 15	3.30 - 5.30 p.m.
19/10/2017	Scoil Bhríde, Shantalla, Galway	3.30 - 5.30 p.m.
19/10/2017	Blessington No. 1 School, Blessington, Co. Wicklow	3.30 - 5.30 p.m.
19/10/2017	St. Josephs Primary School, Dungarvan, Co. Waterford	3.45 - 5.45 p.m.
19/10/2017	St. Colman's BNS, Macroom, Co. Cork	4.00 - 6.00 p.m.
23/10/2017	St. Michael's Hall, Cootehill, Co. Cavan	3.30 - 5.30 p.m.
25/10/2017	St. Brigid's GNS, Killester, Dublin 5	3.30 - 5.30 p.m.
25/10/2017	Coolderry Central School, Brosna, Birr, Co. Offaly	3.30 - 5.30 p.m.
26/10/2017	Scoil na gCeithre Maistrí, Lissywollen, Athlone	4.00 - 6.00 p.m.
26/10/2017	Our Lady of Mercy Primary School, Pearse Road, Sligo	4.00 - 6.00 p.m.
26/10/2017	St. Brigid's N.S., Duagh, Co. Kerry	3.30 - 5.30 p.m.

Register to attend one of these workshops at www.pdst.ie/onlinebooking.